

METROPOLITAN GENERAL HOSPITAL

Department of General Medicine | Discharge Documentation System (Demo Prototype)

Patient Name:	Suresh	Admission Date:	05 October 2026
Demo Patient ID:	CB-DEMO-001	Attending Physician:	Dr. Sarah Jenkins, MD
Age / Gender:	55 Years / Male	Known Allergies:	Not provided in this fictional sample
Discharge Date:	10 October 2026	Document Status:	Verified Complete (Demo)

1. DIAGNOSIS & DISCHARGE CONDITION

Primary Diagnosis: Fictional example of recovery following an uncomplicated hospital admission. This document is for software testing only.

Clinical Status at Discharge: Patient is haemodynamically stable, afebrile, and tolerating oral hydration and nutrition.

2. MEDICINE INSTRUCTIONS (DEMO ONLY — NOT A REAL PRESCRIPTION)

MEDICINE NAME	DOSE	TIMING	DURATION	INSTRUCTIONS / CAUTION
Sample Med A (Demo Tab)	500 mg	Twice daily with meals	5 days	DEMO ONLY - Take with food.
Sample Med B (Demo Cap)	20 mg	Once daily in morning	14 days	DEMO ONLY - Swallow whole with water.
Sample Med C (Demo Susp)	10 ml	At bedtime as needed	As needed	DEMO ONLY - Shake well before use.

3. DIET INSTRUCTIONS (FICTIONAL TESTING RULES — NOT MEDICAL ADVICE)

- Foods to Eat: Plain steamed rice, oatmeal, clear vegetable soups, tender steamed vegetables, and ripe bananas in moderate portions.
- Foods to Limit: Dairy milk (full-fat), eggs (limit to 1/day), tea/coffee (max 1 cup), and table salt.
- Foods to Avoid: Deep-fried foods, heavily spiced curries, packaged chips, sugary sodas, and alcohol.

4. FOLLOW-UP APPOINTMENT (SAMPLE DATA)

Next Scheduled Visit: 18 October 2026 at 10:30 AM (Sample Follow-up Date)

Clinic & Physician: Dr. Sarah Jenkins | Outpatient Clinic Room 302, Metropolitan General Hospital

Patient Notes: Bring this discharge record and daily symptom journal.

5. HOME-CARE INSTRUCTIONS

- Rest adequately and avoid strenuous physical exertion or heavy lifting (>5 kg) for 7 days.
- Maintain adequate hydration (2 litres of water throughout the day unless restricted).
- Keep recovery site clean and dry; follow normal personal hygiene routine.
- Resume normal light daily activities gradually as comfort allows.

6. WARNING SIGNS & EMERGENCY GUIDANCE

URGENT SIGNS (Seek Immediate Emergency Care):

Sudden high fever (>101°F / 38.3°C), severe sharp chest or abdominal pain, shortness of breath, sudden dizziness or fainting.